

TEAM *building*

Corporate Programs

Why is it that every day more companies invest in the development of their employees by corporate programs and/or team work activities? The answer is simple, the directors and business



leaders acknowledge that learning doesn't always occur cognitively; instead, it involves the individual as a whole. Then, promoting team work is a priority

for lots of companies nowadays.

To conduct and develop our Corporate Programs so that we can maximize the knowledge that our clients will acquire we use educational theories and strategies that provides us the tools needed to instruct them

effectively. The researches demonstrate that team work based on experience, which are practiced appropriately, are far more effective than traditional methods.



The role of our facilitators is to *facilitate* the collective developmental process with positive learning environment, clear objectives, good learning resources, emotional and intellectual balance, reflection periods and to analyze and evaluate the experiences lived with the participants.



How does the Work Teams benefit?

1. Improve communication
2. Improve problem solving skills
3. Promotes interpersonal relationships
4. Reduces the work related stress
5. Help the team to work effectively, in a timely matter and to make plans
6. Opportunity to develop leadership roles
7. Improve the efficiency and knowledge among the team
8. Improve the confidence and encourage that everyone knows each other
9. Motivates and energize the team based on the vision and goals of the company





Adventure based Corporate Programs

Every company faces situations that over and over again translate into weak relationships among their members. All over the World the Corporate Programs, especially those based on adventure and experience, are a growing phenomenon that has served to support the efforts of those who work to promote a better relationship among team members.

It's common practice among organizations to participate in these programs, just a Department or the whole company, at least once a year. One of the main reasons is because managers and executives recognize that this events and activities are able to create positive results among the members.

There is still doubt in understanding the concept Teambuilding. As a result, most of the programs available end being just a sightseeing experience, a vacation weekend or a fun day. The thing is, a Teambuilding is much more than that is more than just a field day for

employees. Definitely, they are fun, everyone play games, and they enjoy the experience and laugh all together, which will affect positively the participant point of view and interpersonal relationships. Also, the participants will experiment challenges that will inspire, energize and refocus them. But, all the fun a teambuilding offers is based on an educational process based on experience which goal is that the experiences lived served them as a learning process that will be available for them to transfer to their work environment.

To accomplish the general purpose of experiment, learn and transfer the knowledge to the work environment, in Aire Libre® we have experienced facilitators in this type of programs. The facilitator is in charge of creating a sense of community among the group that will lead to break the barriers, motivate the interpersonal and intrapersonal development and

inspire the group to reflect, and see the challenges and frustration as learning and growing opportunities.

Every program is design to fill the needs of our clients. The teambuilding can be outdoors or in a conference room, depending of our client preference. During the process, we have meetings in order to refine the product and make sure it meets with the objectives and expectations of our clients. Also, we know that many companies don't have the time to celebrate exclusive sessions of Teambuilding, that's why the program can be integrated to workshops and trainings and be conducted in hotels, meeting or convention centers, or someplace previously determined.

Contact us, give your team work the opportunity to live experiences that are different and can revitalize and redirect the relationships among them and in the work environment.



"When I get here I never imagine what it would be like. Participating in this program help me put down barriers, achieve more and never give in when a new challenge is presented"

Edwin Calo - Medical International



Aire Libre Teambuilding

Teambuilding basados en Aventuras

What is the Program about?



Our Corporate Program based on adventures and experiences offers a wide variety of proven activities especially design to develop the skills that your team needs to be successful. The structure of the program is based in a series of initiatives/activities that lead the team to decision making, problem solving, effective communication, demonstration of leadership styles and motivation. Then, the group will experiment a work shift environment in which the participants establishes

and follow common goals, a place where they support each other to be successful. When the group lives a series of experiences altogether they realize they are a team and they can be successful if they have that goal.

Adventures

If the word adventure only provoke images such as climbing, camping or mountain biking, pause, and imaging then how is the activity done. The Corporate Program becomes an adventure for his participants only if there exist an element of surprise, if the activities leads to a situation in which they have to "do things" they've never done before or things they thought they'll never do. In other words, the program activities are not known for the participants, this creates an element of surprise, equality and uncertainty among everybody.



The team is the engine of the Program

The team must project their skills, leadership and decision making process so that the experience becomes a successful one. This learning experience occurs "in situ" in which cause and effect are close to each other and the time is limited. Then, the knowledge is generated to improve the team work,



communication and to solve problems collectively. In the last period of the program the team will have guided and opened discussions based on how to transfer the skills learned or rediscovered to the working environment.